



Eat smart, move a lot



Education and Culture DG

Lifelong Learning Programme



Project meeting program in Italy



5th Tuesday - 6th March Wednesday

- Arrival of delegations – settling at the hotel “Il Ruspante”

Second day – 7th March – Tuesday

- 8.45 - Taking the delegations from the hotel – coming to school
- 9.00 - Welcome speech and short visit of school

<ul style="list-style-type: none"> • 9.30 - First session (Presentations of project activities) • Second session (details about "healthy recipes book") • 11.00 – Coffee break • Third session (Presentation of the last project meeting in Poland) 	<ul style="list-style-type: none"> • 09.30 - Students activities: cooking activities athletic activities • 11.00 - Coffee break
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- 12.00 - Performance of italian students
- 13.45 - Lunch offered by the Italian team
- 15.00 - Visiting the town: the old town, castle
- 16.00 - Performace of Italian students: concert
- 17.30 - Meeting the Mayor of Fiano Romano
- 20.00 - Dinner Restaurant “Il Ruspante” offered by the municipality

Third day – 8th March - Friday

- 08.15 - Taking the delegations from the hotel
- 10.00 - Visiting Villa d’Este :
- 13.30 - Lunch at “Le Torri Restaurant”
- 15.00 - Visiting Farfa, the medieval Abbey, old town
- 16.30 - Meeting the Mayor of Fara Sabina
- 17.00 - Visiting “Ulivone” the biggest olive tree in Europe
- 17.40 - Visiting oil mills: Produttori Agricoli Farense, Agricola farensese
- 20.00 - Dinner at the hotel

Fourth Day – 9th March - Saturday

- 8.15 - Taking the delegation from the hotel for the all day trip to Rome
- Visiting Colosseo and Fori Imperiali
- Visiting Rome baroque
- 13.30 - Lunch in Rome Hard Rock café
- Visiting St. Peter Church -
- Free time in Rome
- 20.30 - Farewell dinner at Red 8.6 -

10th March Sunday – 11th March Monday - 12th March Tuesday

- Free days
- Departure of delegations: Czech Republic, Greece, Romania, Poland, Turkey